

# Sexual and Reproductive Health Through the Lifespan

**Date:**

Part one: Wednesday, 3 June 2026

Part two: Wednesday, 10 June 2026



**Suitable for:** Aboriginal and Torres Strait Islander Health Workers/Practitioners; Doctors; Nurse Practitioners; Nurses & Midwives; Pharmacists



**Time:** 6:30pm – 8:30pm (AEST)



**Location:** Online - Zoom

This interactive online course is designed to help health professionals provide best-practice sexual and reproductive healthcare throughout their patient's life.

Session one will focus on how to have sexual and reproductive health conversations with young people, including engagement strategies, consent, cultural considerations, and person-centred approaches.

Session two will focus on women in mid-life and beyond, discussing sexual health through perimenopause, menopause, and after illness. Knowledge will be translated into practice to improve sexual and reproductive health care throughout a patient's life.

**RACGP:** This course has been approved as a CPD activity by RACGP for the 2026-2028 triennium. **Educational Activities: 3.5. Reviewing Performance: 0.5. RACGP Activity Number: 1614061**

**ACRRM:** This course has been approved by ACRRM as an accredited activity. **Allocated total 4 PDP units: 3.5 Educational Activity and 0.5 Performance Review.**



## Featured speakers

- **Cherie Bennett** - Nursing Policy and Advocacy Lead & Medical Educator, ASHM
- **Sama Balasubramanian** - Sexual Health Physician, Clinic 66
- **Helen Cootes** - Clinical Nurse, Gold Coast Sexual Health
- **Lucy Donovan** - Sexual Health Physician, Jean Hailes
- **Sonia Davison** - Endocrinologist, Jean Hailes
- **Sally Sweeney** - GP, Brightwell Health



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